

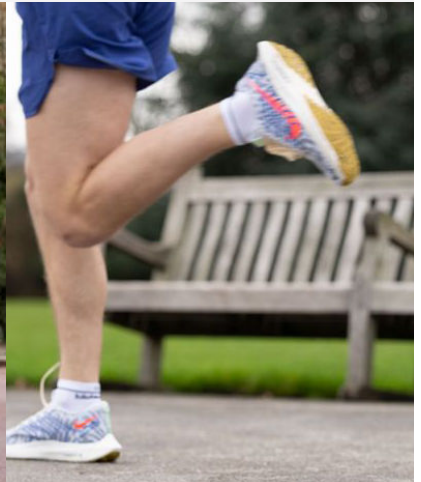


CORINTHIA

LONDON

BACK BY POPULAR DEMAND

# RUN CLUB



Get ready to explore London like never before. Don your running shoes and join our expert AMP team for our weekly Saturday Run Club.

Starting from our hotel lobby, our routes will take you past iconic landmarks, down picturesque pathways and through some of London's most beautiful parks.

Whether you're an experienced runner or just starting out, our team will be with you every step of the way providing guidance and motivation. Plus, with a group of like-minded individuals, you will find yourself constantly challenged and inspired.



*Our*  
NEXT EVENT

WHEN:

8AM EVERY SATURDAY MORNING

WHERE:

CORINTHIA LONDON LOBBY

Join our AMP coaches on a memorable journey around the heart of the city.

Savour views of world-famous landmarks, discover charming neighbourhoods and soak up London's vibrant energy before the hustle and bustle of the day takes hold.

Complimentary refreshments will be provided in the ESPA Life Spa Lounge after the run.

TO BOOK YOUR SPOT, PLEASE CONTACT OUR ESPA LIFE TEAM BY CALLING  
+44 (0) 20 7321 3050 OR EMAILING [ESPALIFE.LONDON@CORINTHIA.COM](mailto:ESPALIFE.LONDON@CORINTHIA.COM)